



Weekly Highlights

Week 30/31 - Saturday 27th July - Friday 2nd August 2024



Cooking with the Stars
Tuesday, 8pm



Changing Ends
Saturday, 9.30pm
27th July
ITV1

Series two of the comedy based on Alan Carr's life in Northampton in the 1980s, growing up as the son of a Fourth Division football manager in Thatcher's Britain.

A sex education lesson strikes fear into Alan's heart while an impending testosterone-fuelled school disco gets him all hot and bothered - and not in a good way as even best friend Kay is feeling amorous and discussing kisses at every opportunity.



Piglets
Saturday, 10pm
27th July
ITV1

A bold sitcom following a newly-recruited group of six very different would-be cops and the handful of key staff whose thankless task it is to knock them into shape.

Difficult situations must be diffused to prevent escalation, someone will be expelled if a fellow student reports their misconduct, and there's an unexpected staff sacking. It's all going on at the training college, but is anyone actually learning what they're meant to?

Weekly highlights



Love & Death
Saturday, 10.30pm
27th July
ITV1

A riveting psychological drama that tells the unbelievable true story of Candy Montgomery, a 1980s Texas housewife accused of murder after having an affair.

As their affair continues, Candy fears that she and Allan are at risk of breaking their first rule about having no feelings for each other - at the same time, Candy bristles at the news that Allan and Betty have signed up for a Christian marriage retreat.



McDonald & Dodds
Sunday, 8.05pm
28th July
ITV1

Two detectives - DCI McDonald and DS Dodds, who seemingly have nothing in common - are thrown together and forge a rumbustious partnership in this drama.

When Ian Andrews gets on the bust at his usual stop, nothing is out of the ordinary - when the bus pulls into the station, Ian is dead. Despite it being the busiest route of the day, there isn't a single eyewitness to his death - can the duo work out what happened?

Weekly highlights



**ITV Racing Live:
Glorious Goodwood**
Tuesday-Friday, 1.30pm
30th July-2nd August
ITV1

Ed Chamberlin and Francesca Cumani present coverage of four days of top racing as we're treated to some incredible action at one of the UK's most famous meets.

On Tuesday we're treated to the Goodwood Cup over two miles, while Wednesday has the Group One Sussex Stakes, the feature race of the week. Thursday includes the Group One Nassau Stakes, while Friday's big one is the Qatar King George Stakes.



Cooking with the Stars
Tuesday, 8pm
30th July
ITV1

Emma Willis and Tom Allen return with the hit show that sees some very famous faces take on a series of culinary challenges to prove their cooking know-how.

In this opener, Carol Vorderman, Abbey Clancy, Pasha Kovalev and Harry Pinero go head-to-head as they attempt to deliver standout dinner party dishes in a bid to progress to the next round and avoid the dreaded cook-off. Who has the skills?



Tom Kerridge Cooks Britain
Thursday, 8.30pm
1st August
ITV1

Tom Kerridge hits the road in his 1950s food truck to learn what it takes to produce the food on our plate and to cook the British ingredients that he finds along the way.

Tom heads to the east coast of Scotland and Peterhead - the largest white fish port in the UK - as he searches for haddock, then heads to the fertile land of Moray to discover how we can have carrots year-round and test himself creating straight lines of straw.



Champions: Full Gallop
Friday, 9pm
2nd August
ITV1

This series gets a backstage pass into the lives of jockeys and trainers at some of the best Jumps fixtures in a journey that provides a unique insight into horse racing.

70,000 racegoers a day descend on Cheltenham for the most prestigious meeting of the Jumps season - success at Prestbury Park is a stepping stone to glory in the trainers' championship. Paul Nicholls, Dan Skelton and Willie Mullins are all out for victory.



Love Island: The Live Final
Monday, 9pm
Love Island: Unseen Bits
Saturday, 9pm
Love Island: Aftersun
Sunday, 10pm
27th-29th July

The reality show where glamorous singles live in a beautiful villa under the watchful gaze of an audience at home who have the power to decide who will ultimately win.

The remaining Islanders have reached the final days of their summer in paradise, but who will walk away as the winners? The last Unseen Bits of the series are on Saturday at 9pm and viewers can have their say with Love Island: Aftersun on Sunday at 10pm.



Extraordinary
Tuesday, 10pm
30th July
ITV2

A vibrant and very down-to-earth comedy series following Jen, a self-aware young woman who lives in a world where everybody has a superpower... except her, that is.

In the final episode of the present run of the show, Jen struggles to figure out her new dynamic with Jizzlord after their kiss before the situation is complicated by Luke turning up - meanwhile, Kash and Carrie have different goals when they attend a 'surprise' party.



**The Real Housewives
Ultimate Girls Trip
Sunday, 10pm
28th July
ITVBe**

Pack your bags for this Housewives experience as iconic franchise favourites from across the megahit show embark on some fabulously luxurious global holidays.

The Housewives' stay at the Blue Stone Manor continues with a lot of chatter over the previous night, a balloon on the premises, and Dorinda taking the ladies down memory lane at a dinner where past feuds reignite tensions between several of the Housewives.



**The Real Housewives of Miami
Monday & Tuesday,
10pm & 10.55pm
29th & 30th July
ITVBe**

This branch of the popular reality series heads to America's Sunshine State of Florida to meet some of Miami's most affluent and glamorous female residents.

This week's double-bills see Alexia unleash her wrath on Adriana while in the Bahamas, Lisa stand up for herself against her mother-in-law, and the first two parts of the latest series' reunion where Lisa shocks everyone with more revelations about her and Lenny.



Unforgotten
Monday-Wednesday,
10.05pm & 11.05pm
29th-31st July
ITV3

A British crime drama centred around historical crimes left buried for years as two London detectives work to solve cases that involve disappearances and murders.

When a severed leg is discovered inside a chimney, the team get to work identifying the victim - however, with Cassie's replacement Jess having a rocky start as she clashes with a grieving Sunny, will the pair bond successfully enough to find the killer they seek?



Downton Abbey
Thursday, 8pm
1st August
ITV3

Hugh Bonneville and Elizabeth McGovern star in the first feature-length follow-up to the worldwide smash hit period drama that returns to the Crawley family in 1927.

King George V and Queen Mary are set to pay a visit to Downton Abbey, but the royal staff's descent on Downton sees an assassin also arrive and attempt to kill the monarch while the Crawley household must contend with handling a rude royal entourage as well.



ITV Racing: Racing League Live
Thursday, 5.30pm
1st August
ITV4

Coverage of the team points-based horse racing competition hosted at racecourses around the UK and featuring head-to-head battles for vital points and prize money.

Oli Bell is on hand with all of the action from the seven races scheduled for the second round of the 2024 Racing League at Wolverhampton - analysis comes from Adele Mulrennan and Mick Fitzgerald, and race commentary is provided by Stewart Machin.



King of the Roads
Monday & Tuesday, 8pm
29th & 30th July
ITV4

Highlights of the Road Racing Series, a motorcycle championship that sees competitors put their life on the line at speeds approaching 200 miles per hour.

The series' destination this time is the Southern 100 on the Isle of Man for the eighth, ninth and tenth rounds of the 2024 King of the Roads event - Michael Dunlop, Dean Harrison, Davey Todd and Jamie Coward are some of the favourites for victory this year.