



Weekly Highlights

Week 06/07 - Saturday 8th - Friday 14th February 2025

Unforgotten Series 6 Sunday & Monday, 9pm





Nisha Katona's Home Kitchen
Saturday, 11.40am
8th February
ITV1

Nisha Katona presents a cooking series, set in the stunning Wirral on England's west coast, as she shares her passion for good food and cooks some incredible dishes.

Surrounded by a community of foodies that share her passion, we join Nisha for a slice of her life and some amazing recipes from all around the world - in this first episode, Nisha's dishes include chicken dhansak and a green bean and mango dal bunny chow.



Men's Six Nations: Italy v Wales
Saturday, 1.30pm
8th February
ITV1

Jill Douglas is joined by Dan Biggar, Jamie Roberts, and Sergio Parisse for coverage of the 2025 Men's Six Nations as Italy host to Wales at the Stadio Olimpico in Rome.

Tries from Monty Ioane and Lorenzo Pani helped Italy beat Wales 24-21 at the Principality Stadium in 2024 as Wales finished bottom of the table for the first time since 2003, while the Azzurri's win in Cardiff represented their best-ever tournament since starting in it.



**Men's Six Nations:
England v France
Saturday, 4.15pm
8th February
ITV1**

Mark Pougatch is joined by Jonny Wilkinson, Eddie Jones, and Brian O'Driscoll for Six Nations action from the Allianz Stadium, Twickenham as England take on France.

France's star scrum half Antoine Dupont is back in the fold after an Olympic sabbatical - and will be directing operations for Les Bleus as they look to replicate their last outing in southwest London in 2023 when they dismantled Steve Borthwick's England 53-10.



**The Masked Singer
Saturday, 7pm
8th February
ITV1**

Joel Dommett hosts the surreal and surprising singing show where celebrities perform in disguises and one question needs an answer - who is behind the mask?

Joel is joined by panellists Jonathan Ross, Davina McCall, Maya Jama, and special guest Richard E Grant for the Semi-Final as five Masked Singers must become three, two celebrities will be unmasked, and the identities of the eliminated stars will be revealed.



The 1% Club
Saturday, 8.30pm
8th February
ITV1

Lee Mack hosts the quiz show where 100 contestants compete for 100,000 pounds, but they need to answer a question only one per cent of the country could get right.

Join Lee for another edition of the smash-hit game where the questions have nothing to do with remembering facts and are all about logic and common sense - the whole family can play together and find out if someone will scoop the full jackpot for the first time.



North Shore
Saturday, 9.30pm
8th February
ITV1

A character-led murder mystery following the clash of cultures when Australian and British detectives team up to solve a complex case with far-reaching consequences.

Meg and Max think they have cracked the case - as the final clue reveals Sophie's killer and leaving everyone shell-shocked, Max and Meg have to decide what justice looks like in this case... and Max is forced to choose what he would like his own future to be as well.



FA Cup Live:
Plymouth Argyle v Liverpool
Sunday, 2.15pm
9th February
ITV1

Mark Pougatch is joined by Robbie Fowler and Karen Carney for coverage of the 2024-25 Emirates FA Cup Fourth Round tie between Plymouth Argyle and Liverpool.

These two sides met in 2017 with Liverpool needing a replay to advance, but the Premier League leaders are hot favourites this time round against a Plymouth side at the foot of the Championship - match commentary comes from Sam Matterface and Lee Dixon.



Dancing on Ice
Sunday, 6.25pm
9th February
ITV1

Holly Willoughby and Stephen Mulhern host the show where well-known personalities train in the expert art of dancing on ice to compete against each other.

Join Holly Willoughby and Stephen Mulhern for the most dramatic show yet with the return of the skate-off - as the competition heats up, the bottom two couples will battle it out on the ice and perform once more to impress the judges and avoid elimination.



Who Wants to Be a Millionaire?
Celebrity Special
Sunday, 8pm
9th February
ITV1

Tense game show where contestants compete for a top prize of one million pounds - they must answer 15 questions correctly and have just four lifelines to help them.

Jeremy Clarkson is on hand as acting star Julie Hesmondhalgh and boxing heavyweight Tony Bellew test their general knowledge against one of TV's toughest quizzes - find out if they will have the 15 correct answers they need to win one million pounds for charity.



Unforgotten
Sunday & Monday, 9pm
9th & 10th February
ITV1

British crime drama, centred around historical crimes and unravelling secrets left buried for years, about two detectives who work on cases of murders and more.

When a spine is dredged out of Whitney Marsh, a new case begins for Jess and Sunny's team at Bishop Street CID with four potential suspects - Juliet, Melinda, Asif and Marty each have secrets to hide, but both Jess and Sunny are glad of the case's new challenge.



NFL Super Bowl LIX Live
Sunday, 10.45pm
9th February
ITV1

Craig Doyle, Efe Obada, Osi Umenyiora and Jason Bell present coverage of Super Bowl LIX from New Orleans as the Kansas City Chiefs face the Philadelphia Eagles.

Can the Chiefs make history with three successive Super Bowl victories, or will Saquon Barkley and the Eagles spoil the party? There's also a star-studded half-time show featuring Kendrick Lamar in store, so don't miss out on what promises to be a hit event!



FA Cup Live:
Exeter City v Nottingham Forest
Tuesday, 7.30pm
11th February
ITV1

Mark Pougatch presents coverage, alongside Ian Wright and Roy Keane, as League One Exeter City host Premier League high-fliers Nottingham Forest in the FA Cup.

This is the first time since 1981 that the League One side have reached the fourth round and Nuno Espirito Santo's high-flying Forest, one of the surprise packages in the Premier League this season, is their reward - Seb Hutchinson and Ally McCoist commentate.



Grantchester
Wednesday, 9pm
12th February
ITV1

Crime drama series. When violence disrupts the quiet parish of Grantchester in Cambridgeshire, the local vicar feels compelled to help with a local copper's aid.

Alphy and Geordie soon realise that there is more to the discovery of a professor of archaeology who has brutally murdered at a dig site outside Grantchester - meanwhile, Alphy looks for a sign from God about what to do next after the Bishop's shocking news.



The Martin Lewis
Money Show Live
Thursday, 8pm
13th February
ITV1

Consumer champion Martin Lewis continues his quest to save the British public a fortune with more of his money-saving tips, budgeting advice and shopping secrets.

Martin's themes this time are marriage and divorce as he discusses the nine financial benefits to being hitched and how to take advantage of them, and he is also joined by a panel of specialists to take our questions on how splitting up can affect our finances.



Beat the Chasers
Thursday, 9pm
13th February
ITV1

Bradley Walsh hosts the series where challengers go head-to-head with not one, but all of the Chasers from The Chase... so who has what it takes to Beat the Chasers?

The Sinnerman, the Beast, the Governess, the Menace, the Vixen and the Dark Destroyer are possibly the greatest quiz team that ever was - can Carla, John, Christopher, Lucy and Margaret Beat the Chasers and win big? Join Bradley to find out.



Connecting a Killer:
True Crime Presents
Friday, 9pm
14th February
ITV1

In association with CBS Reality, ITV presents a collection of true crime documentaries that cover a range of real-life offences and notorious offenders.

When Special Investigating Officer Steve Wilkins is shocked at a series of unsolved crimes in the vicinity of Pembrokeshire in Wales, he is given permission to launch a new operation to review all the evidence... and learns the identity of a murderer in doing so.



Love Island: All Stars
Sunday-Friday, 9pm
9th-14th February
ITV2

This series gives famous former Islanders another shot at finding the one - relationships will be put to the test, heads will turn, and only one pair can triumph.

As the cast of familiar faces continue their routine of dating, flirting, dumping and more, they all know to be ready to expect the unexpected in paradise. Find out if any of them will find the one this time - and don't forget all the Unseen Bits on Saturday at 9pm.



The Sex Lives of College Girls
Tuesday, 10.05pm & 10.40pm
11th February
ITV2

The third series of the American comedy following four roommates navigating through their freedom on a prestigious campus of Essex College continues.

The girls meet their new roommate Kacey, Bela considers whether a nice guy she's met is hot or not, and Kimberly visits her first sex shop. Then, Bela gets hit on by a guy with great moves - the Essex fox mascot - while Kacey signs up to try online dating.

itvBe Weekly highlights



**The Real Housewives
of Orange County**
Tuesday, 9pm
11th February
ITVBe

Reality show following the lavish lifestyles of five 'housewives' and their families in the luxurious surroundings of Orange County, a region of the US state of California.

Tensions are high when Gina is caught between Katie and Heather after the staged paparazzi allegations. Elsewhere, Emily and Shane celebrate their 15th anniversary, and the Tres Amigas come together for the first time, but things quickly go sideways.



**The Real Housewives
of New Jersey**
Wednesday, 5pm
12th February
ITVBe

The long-running US reality show that follows the lavish lifestyle of New Jersey housewives and their families continues with more episodes from its 14th series.

Jennifer is left feeling defenceless and abandoned by those she considers her ride-or-dies, Teresa opens up to Gia about the overwhelming stress she's facing from Louie's ongoing legal battle, and Jen Fessler wonders if her friendship with Rachel can recover.



Grace
Wednesday, 8pm
12th February
ITV3

An intense crime drama series about Brighton-based Detective Superintendent Roy Grace, a hard-working police officer who gives his life to his job and cracking cases.

Detective Superintendent Grace investigates the sexual attack of a young woman at the Royal Edward hotel on the night of Assistant Chief Constable Vosper's leaving do. The case seems very similar to a cold case from 2012. Could the Brighton Prowler be back?



Rosemary & Thyme
Sunday, 9pm
9th February
ITV3

Crime drama about Rosemary Boxer and Laura Thyme's gardening company called Rosemary and Thyme, and the murder and mayhem they discover wherever they go.

While in Baffington village where they have set out to restore the churchyard to its former glory for a medieval fair, Laura and Rosemary find themselves caught up in a murder mystery involving unrequited love and a fight over some valuable land.



FA Cup Live: Brighton and Hove Albion v Chelsea
Saturday, 7.15pm
8th February
ITV4

Seema Jaswal presents an all-Premier League tie in the 2024-25 FA Cup Fourth Round alongside Steve Sidwell and Glen Johnson as Brighton host Chelsea.

Brighton are enjoying a good season under manager Fabian Hurzeler, and will fancy their chances of progressing to the fifth round of the competition in this tie against an inconsistent Chelsea. Commentary is provided by Seb Hutchison and Adam Virgo.



Formula E Live: Jeddah E-Prix
Friday, 4pm
14th February
ITV4

Nicki Shields presents coverage of the third round of the 2024-25 Formula E season from Saudi Arabia as 22 drivers battle it out at the new Jeddah Corniche Circuit.

After two different winners from the opening two races this season, the third stop presents a new challenge under the lights with a double header of night races. Who will be at the top of the championship table once the dust settles in Saudi Arabia?