



Bradley & Barney Walsh: Breaking Dad

Series Six



Press Pack

TX Tuesday 1 April 2025 at 8pm on ITV1, ITVX, STV and STV Player

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Bradley and Barney Walsh are back on the road together, this time experiencing the cultures of beautiful Asia on another epic adventure.

In this brand-new six-part series for ITV1, ITVM, STV and STV Player, the pair will take in the sights and flavours of Japan and Thailand.

But, as ever in *Bradley & Barney Walsh: Breaking Dad*, Bradley won't quite be getting the rest and relaxation he is hoping for as Barney is planning a packed itinerary full of adrenaline rushing challenges to push his dad to the limit.

Episode One

The boys kick off the first leg of their trip in Japan's capital, Tokyo, where they travel around in a compact Kei car, before visiting one of the country's biggest and most bizarre shops to pick up some supplies for the long trip ahead.

As they enter the shop, which is renowned for having anything you could possibly want all under one roof, Bradley jokes: *"You know what this looks like, it looks like a hoarder's flat. This is mad."*

They browse the shelves full of everything from squid snacks to confetti cannons and lip balm to anti-snoring devices, before Bradley tries on some terrifying comedy masks.

Next the pair get a taste of the country's national sport of Sumo before enjoying one of Japan's best inventions... karaoke.

Then, after a busy day, the pair rest their heads in one of the city's unique capsule hotels.

Barney says: *"You're going to love it dad, it's a proper authentic Japanese hotel experience. It's £18 a night. You get a capsule room and you get to use the spa."*

But, as they climb into their two-metre-long capsules, Bradley says: *"Well, this ain't The Dorchester, is it?"*

The next morning, they pick up the keys to their new RV and head out of the city to Arakawa Valley, where Brad's fear of heights is put to the test when he must attempt to cross a terrifying hanging bridge.

As they set off across the rickety wooden planks, Bradley is not sure if he will make it across. He says: *"People are sitting at home going, 'What is the matter with him? He's a wimp'... The worst part is that you can see through the slats."*

Barney adds: *"For me, the bit that's even scarier... any of these could break at any moment."*

Episode Two

Bradley and Barney's time in Japan continues and the boys' driving skills are put to the test when they experience the real-life Tokyo Drift.

The competition continues when the pair meet one of Japan's wackiest record breakers, Mr. Cherry, and father and son go head-to-head trying to crack the most walnuts with their bum.

As their road trip takes them to more rural regions of Japan, Barney decides it's time for his dad to learn how to be more Zen, however the meditation session he's got planned is anything but relaxing.

Their day ends with Brad perched on the edge of a bridge as he attempts a stomach-churning bungee jump, in a bid for redemption after pulling out of one during their European road trip.

Episode Three

The Walshes are on the final leg of their time in Japan where they meet two engineering brothers who've built an impressive fleet of giant robots.

Next, the boys' road trip takes them to the city of Osaka where they opt to explore the area in something a bit nipper – go-karts, and, as they take in the sights, they stumble across a group of eccentric rapping grannies.

Father and son then go head-to-head in the quirky Japanese sport of pillow fighting before their time in the country ends with Brad and Barney attempting to master the skills to become a Ninja.

Episode Four

Father and son land in the warmer climes of Thailand for the next leg of their trip and what better way to appreciate the stunning scenery than from 1000ft in the air on a motor-paraglide.

The boys then take to the seas as they visit the famous James Bond Island, before making a stop at a floating village to try out a Thai sport which puts the boys' flexibility to the test.

The next day the pair head to the beach to learn the watersport of E-foiling before ending the day with an unusual overnight stay, which sees Brad and Barney finding themselves in the middle of nowhere!

Episode Five

In this episode the boys reach Thailand's capital city, Bangkok, where they meet a Muay Thai legend who puts them through their paces.

They visit a floating market on a terrifying turbo longtail speedboat then, after a busy day, Barney arranges a treat for his dad with a Thai massage, which actually ends up being anything but relaxing...

The next day they meet a firefighter who rescues snakes in the city and teaches Brad and Barney what to do if they encounter one. The boys then head north out of Bangkok and make a stop in a tiny town where they join a group of locals to try rice tractor drag racing.

Episode Six

In the final episode of the series, the Walshes reach northern Thailand for the last leg of their Asian road trip, and Barney's arranged a great way to see the jungle... on a rollercoaster.

They make a stop at the local market where they try the infamous Durian, which is known as the stinkiest fruit in the world, before their journey takes them into the hills where they go head-to-head in a race on traditional wooden go-kart.

The next day the pair face one of their biggest challenges as they attempt to conquer the ominous sounding Anxiety State Crisis Cave.

Finally, the father and son end their trip in a beautiful temple, as they reminisce about their adventures.

Bradley and Barney Walsh

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Where do you visit in the latest series and what can viewers expect to see?

Bradley said: This series we travelled to Japan and Thailand - it was brilliant! We started off in Japan, experiencing the hustle and bustle of cities Tokyo and Osaka, and it was even crazier than I thought it would be. We then hopped over to Thailand - the beaches in the southern islands were spectacular. Not that I got to do much sunbathing! Barney really put me through my paces this series. We then headed north to the capital Bangkok and up to the mountains of Chiang Mai - it was such an incredible trip and so much fun.

Barney said: Travelling through Japan and Thailand was so different to anywhere we've been before. We're on our sixth road trip now but it's still so much fun, and it's amazing that we're able to carry on adventuring around the world together. It was great to get stuck into learning about both countries' cultures. It's the furthest we've travelled together for the series and I think it's the most exciting one yet.

Can you tell us about any of the activities that you take part in?

Bradley said: We get up to all sorts! We tried to experience as much of Japan and Thailand as we possibly could. Barney really pushed me this series, but I managed to get my own back on him a couple of times... I had a lot of fun playing with some amazing supersized robots. They were very impressive. The one I had a go at controlling was so massive they couldn't get it out of the warehouse. It was kitted out with these little balls you could shoot out, so I had a great time terrorising Barney and the crew for a bit!

Barney said: We had so much fun on this trip - I really packed out our itinerary. It was awesome to try out some national sports. We had a go at Muay Thai in Thailand, it was intense but a lot of fun. Some of the kids we got to train with were unbelievably strong, they nearly knocked dad over! In Japan, after a bit of training, we went toe to toe with professional Sumo wrestlers which was really cool. One of us even ended up with a surprising victory... but I won't tell you which one of us it was!

What was the highlight of this series for you?

Bradley said: The highlight for me has got to be the quality time I got to spend with Barney, having a laugh and making lifelong memories together. It was also great to meet so many wonderful people along the way. We had a great guide who travelled with us across Japan - he was such a laugh (and brilliant at karaoke, I might add). We met a whole host of characters along the way who taught us so much about both countries' history and culture. I love taking it all in and learning as much as I can.

Barney said: I really loved all the adrenaline fuelled activities we took part in. The Anxiety State Crisis Cave in Northern Thailand was unreal. It was massive and definitely anxiety inducing for Dad! Fulfilling a lifelong goal of becoming a Ninja for a day was also a lot of fun - my younger self would be proud. But for me, the biggest highlight of all is that people still love the show and that we might have inspired other families to travel.