



Weekly Highlights

Week 11/12 - Saturday 15th - Friday 21st March 2025



Protection
Sunday & Monday, 9pm

Weekly highlights



Men's Six Nations: Italy v Ireland
Saturday, 1.30pm
15th March
ITV1

Jill Douglas is joined by Brian O'Driscoll, Rory Best and Sergio Parisse for coverage as Ireland finish their 2025 Six Nations campaign with a trip to Rome to face Italy.

it's the final game for three distinguished servants of Irish rugby with Conor Murray, Cian Healy and Peter O'Mahony all calling time on their international careers, but Italy will have no time for sentimenality as they look to build on their victory over Wales.



Wheel of Fortune
Saturday, 6.10pm
15th March
ITV1

Graham Norton presents a modern take on the game show where three contestants battle it out to win prizes by spinning a famous wheel and solve a series of puzzles.

Graham welcomes solicitor Sapna, work planner Ben and custody officer Deborah as they take on puzzles and the iconic Wheel for chance to reach the end game, where they could win anything up to a possible £50,000. Does anyone have what it takes to win big?



**Men's Six Nations:
France v Scotland
Saturday, 7.15pm
15th March
ITV1**

Mark Pougatch presents as the 2025 Men's Six Nations Championship reaches its climax in Paris with hosts France taking on Scotland at the Stade de France.

Scotland were denied victory last year after the referee decided that Sam Skinner's last-gasp effort was held up and France held on for a 20-16 win at Murrayfield. Studio analysis comes from Johnnie Beattie, Maggie Alphonsi and Dan Biggar.



**Carabao Cup Final Live:
Liverpool v Newcastle United
Sunday, 3.30pm
16th March
ITV1**

Coverage of the Carabao Cup final at Wembley Stadium as Arne Slot looks to win a first competition with Liverpool when his side face Eddie Howe's Newcastle United.

Liverpool have been almost all-conquering this season, and go into this final as favourites. Newcastle go into this game looking to end a 70-year wait for a trophy, and know that Swedish hotshot striker Alexander Isak can be difficult for teams to contain.

Weekly highlights



Who Wants to Be a Millionaire?
Monday, 8pm
16th March
ITV1

Tense game show in which contestants compete for a prize of one million pounds - they must answer 15 questions correctly and have just four lifelines to help them.

There will be drama, nail-biting tension, and host Jeremy Clarkson on hand to give away one million pounds with one question hanging in the air: has anyone taking to the famous hot seat in this edition of the quiz got what it takes to head home as a new millionaire?



Protection
Sunday & Monday, 9pm
16th & 17th March
ITV1

Crime drama by Kris Mrksa. When a family under witness protection are murdered and their only daughter survives, DI Liz Nyles must find who revealed their identity..

The beginning of a six-part series, starring Siobhan Finneran. Police officer DI Liz Nyles works in the highly secretive witness protection department -but a devastating incident involving her secret lover draws her into a dangerous conspiracy.

Weekly highlights



Jeopardy
Monday-Friday, 3pm
17th-21st March
ITV1

Stephen Fry hosts the quiz based on a hit US show where players are presented with clues in the form of answers and must phrase responses in the form of a question.

The second series sees contestants use their best general knowledge to win rounds and a potentially life-changing amount of money if they can stay on until the end of the show - with three rounds of questions to play, the stakes can quickly get very high.



A Cruel Love: The Ruth Ellis Story
Wednesday, 9pm
19th March
ITV1

The story of Ruth Ellis - the last woman to be hanged in the UK after she murdered her lover - is told across two timelines as this drama explores what really happened.

Found guilty and condemned to hang in three weeks' time, Ruth initially accepts her fate but becomes more desperate as her time draws near and her lawyer puts pressure on the Home Office for a reprieve - as Ruth reflects, we learn she had become pregnant...

Weekly highlights



**The Undercover Police Scandal:
Love and Lies Exposed**
Thursday, 9pm
20th March
ITV1

Five women come together for the first time in this series that shares their experiences of being duped into close relationships with undercover police officers.

The women unite to take legal action and share their experiences and copycat letters from their former partners - they suspect that the officers' tactics were systemic, but the Metropolitan Police resists by citing their Neither Confirm Nor Deny policy.



**European Qualifier:
England v Albania**
Friday, 7pm
21st March
ITV1

Mark Pougatch is joined by Roy Keane and Ian Wright for England's World Cup 2026 qualifying match against Albania at Wembley as the Thomas Tuchel era begins.

All eyes are on the new England manager and how he puts his team together. This should be a gentle introduction for the new boss against a team ranked 65th in the world, though they are coached by a familiar face to Arsenal fans - Sylvinho.



Hell's Kitchen
Monday-Wednesday, 9pm
17th-19th March
ITV2

Gordon Ramsay's culinary boot camp has moved to the USA as the terrifying world-renowned head chef slices and dices a fresh group of wannabe cordon bleu cooks.

This week's triple-bill sees the chefs take a walk down memory lane and face the blind taste test, cook for a charity night with guests that include Daytime Emmy winner Susan Lucci, and use their creativity and pull out all the stops in order to secure a black jacket.



Mamma Mia! Here We Go Again
Saturday, 6.45pm
15th March
ITV2

Lily James and Amanda Seyfried star in the long-awaited sequel to the global smash hit Mamma Mia! as Sophie Sheridan (Seyfried) learns more about her mother's past.

While Sophie deals with her pregnancy and the grand re-opening of her family hotel, flashbacks reveal exactly what happened between her mother Donna and the three men in her life - as she reflects on Donna's journey, Sophie sees resemblances to her...



Weekly highlights



**The Real Housewives
of Orange County**
Tuesday, 9pm
18th March
ITVBe

Reality show following the lavish lifestyles of five 'housewives' and their families in the luxurious surroundings of Orange County, a region of the US state of California.

Shannon's lawsuit takes a turn as she deals with the aftermath of the video news, Katie wants Heather to finally hear her truth - but causes an upheaval in her friendship with Gina - and Emily relives her body image issues at a fashion show hosted by Heather.



The Only Way Is Essex
Sunday, 9pm
16th March
ITVBe

The real-life soap, focusing on a group of Essex characters, where great drama unfolds against a backdrop of nail bars, wine bars, flash cars and designer gear.

It's a new day in Bali and the drama is heating up as Dani finally tells Harry when Joe got together with Junaid - meanwhile, Dan calls Diags to see how he's feeling and says that he's missing Ella, and Ella has an emotional heart-to-heart with Saff about her Bali trip.



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Belgravia: The Next Chapter
Sunday, 9pm
16th March
ITV3

Period drama, set 30 years after the events of the series Belgravia, about the rise of Frederick Trenchard as the third Lord Glanville and the insecurities he possesses.

After having an argument with Clara, Frederick attempts to renew their relationship by taking her to their country estate and revealing some of the trials of his childhood - meanwhile, the Dunns take in the mysterious Nell as their new maid... but is this wise?



Grace
Wednesday, 8pm
19th March
ITV3

An intense crime drama series about Brighton-based Detective Superintendent Roy Grace, a hard-working police officer who gives his life to his job and cracking cases.

Grace and Branson are thrown into a disturbing and high-profile case when workmen digging up a path by Hove Lagoon unearth a dark secret meant to stay buried for good - matters are then complicated by another case that leads to a hunt for a serial offender...



Snooker: Players Championship
Monday, 6.45pm
Tuesday-Friday,
12.45pm & 6.45pm
17th-21st March
ITV4

Jill Douglas is joined by Stephen Hendry, Alan McManus, Ken Doherty and Neal Foulds for exclusive coverage of the 2025 Players Championship from Telford.

A host of some of snooker's biggest names are in action at the Telford International Centre as the top 16 on the one-year list go head-to-head for one of the sport's biggest prizes - last year saw Mark Allen emerge victorious as he beat Zhang Anda in the final.



LaLiga Live:
Atletico Madrid v Barcelona
Sunday, 7.30pm
16th March
ITV4

Semra Hunter is joined by Guillem Balague and Gaizka Mendieta for coverage as Atletico Madrid take on Barcelona in a LaLiga match at the Metropolitano Stadium.

With a three-way title race unfolding between both teams and Real Madrid, and the three only separated by a few points, this game could prove to be a key moment in their fight - Joe Speight is in the commentary position alongside LaLiga expert Terry Gibson.