



# Weekly Highlights

Week 05/06 - Saturday 31st January - Friday 6th February 2026

**Men's  
Six  
Nations  
Begins  
Thursday,  
7.20pm**





**Wheel of Fortune**  
**Saturday, 6pm**  
**31st January**  
**ITV1**

**Graham Norton presents a modern take on the game show where contestants battle it out to win cash prizes by spinning a famous wheel and solve a series of puzzles.**

Graham Norton welcomes essential skills teacher Orla, development manager Kelly and events duty officer Ben as they take on puzzles and the iconic Wheel in the hope of winning £50,000. Who has what it takes to potentially win a huge amount of money?



**The Masked Singer**  
**Saturday, 7pm**  
**31st January**  
**ITV1**

**The surreal and surprising singing show that asks one question - 'Who is behind the mask?' - as a starry panel watch gripping performances by celebrities in disguise.**

Six Masked Singers remain as the nation's favourite guessing game - performing to the audience as well as panellists Jonathan Ross, Davina McCall, Maya Jama and Mo Gilligan. They're aiming to secure a spot in next week's show, but someone has to go.



**The 1% Club**  
**Saturday, 8.30pm**  
**31st January**  
**ITV1**

**Lee Mack hosts the quiz show where 100 contestants compete to win up to £100,000 by answering a question that only one per cent of the country can get right.**

Have you ever wondered how clever you are? Do you think you might be in the top 50 per cent of the country, the top ten per cent, or even the top one per cent? Here's your chance to find out as Lee presents another edition of the nation's favourite game show.



**The Floor**  
**Sunday, 7pm**  
**1st February**  
**ITV1**

**Rob Brydon hosts the dramatic and fast-paced game show in which 81 contestants battle it out over tense trivia duels to try conquer The Floor and win £50,000.**

At the halfway mark, just 49 contestants remain. The pressure is on as they compete to win their duels, seize new squares and claim a £5,000 Floor Bonus. Who will take control and get closer to the jackpot, and who will say goodbye to The Floor for good?



**Ant and Dec's Limitless Win**  
**Sunday, 8pm**  
**1st February**  
**ITV1**

**This entertainment game show features the world's first limitless jackpot - every question is an opportunity to climb the endless money ladder and reach big money.**

Brothers Alistair and Ashley are determined to do their family proud, then, it's aunty and nephew Denise and Pablo's turn. A pillar of his community, Pablo has two children that he wants to leave a legacy, for while Denise has her own wish for family and friends.



**After the Flood**  
**Sunday & Monday, 9pm**  
**1st & 2nd February**  
**ITV1**

**Mystery thriller about the continuing investigations of detective Jo Marshall as she investigates a perplexing double murder and confronts the corrupt Sergeant Mackie.**

Jo and Sam interrogate Donna - who yields a revelation that points fingers at the Benson family - before a confession rocks the case. Then, as the police search for Declan, a bombshell revelation threatens Jo's and Pat's investigation into Mackie once more.



**The Hunting Wives**  
**Sunday, 11.15pm & 12.15am**  
**1st February**  
**ITV1**

**A thrilling mystery drama series, based on a novel by American writer May Cobb, about a woman who moves into East Texas and succumbs to a socialite's charms.**

Sophie and Margo join forces to prove that Jill is the prime suspect in Abby's murder, and Starr discovers an unbearable truth. Then, Sophie and Margo rest easy knowing that Abby's case is solved, but Salazar then discovers another crime scene.



**EFL Carabao Cup Live:**  
**Arsenal v Chelsea**  
**Tuesday, 7.30pm**  
**3rd February**  
**ITV1**

**Mark Pougatch is joined by Karen Carney and Ian Wright for the second leg of the Carabao Cup semi-final between Arsenal and Chelsea at the Emirates Stadium.**

The Gunners are hoping to defend a 3-2 first leg lead and book a place in the final for the first time since 2018 following their victory in the first leg. Commentary is provided by Sam Matterface and Lee Dixon, and interviews are by reporter Gabriel Clarke.



**Grantchester**  
**Wednesday, 9pm**  
**4th February**  
**ITV1**

**1950s-set crime drama series about a vicar who feels compelled to help a local copper investigate violence in the quiet parish of Grantchester in Cambridgeshire.**

Alphy remains undecided on his birthday about whether to open a letter his mother wrote when she left him as a baby or not, but Geordie's planned a surprise treat in the form of a gig. However, things take a sinister turn when the lead singer is found dead.



**Men's Six Nations:**  
**France v Ireland**  
**Thursday, 7.20pm**  
**5th February**  
**ITV1**

**Jill Douglas presents the opening game of the 2026 Guinness Men's Six Nations as last year's winners France take on Ireland at the Stade de France in Paris.**

French captain Antoine Dupont is back after being sidelined for eight months and is hoping to lead Les Bleus to a third title in five years, but they get their campaign under way against an Ireland team that will be looking to start 2026 with a statement win.



**It'll Be Alright on the Night**  
**Friday, 7.30pm**  
**6th February**  
**ITV1**

Comedian Tom Allen celebrates the hilarious chaos that occurs when making our favourite TV shows with unseen outtakes from a cavalcade of our favourite shows.

Jimmy Carr, Judi Love, Paddy McGuinness, James Martin, Susanna Reid, David Mitchell, Richard Osman and the cast of The Real Housewives of Cheshire feature this time, and there are mishaps including a fire alarm which wrecks recordings of Coronation Street.



**Devil in Disguise:**  
**John Wayne Gacy**  
**Friday, 9pm**  
**6th February**  
**ITV1**

US drama, based on real events, that peels back the twisted layers of John Wayne Gacy's life while weaving in the stories of his victims and the failures to stop him.

Officers excavate the crawl space beneath John Wayne Gacy's home while the contractor shows Sam Amirante, Bill Kunkle and Joe Kozenczak where he disposed of Rob's body - meanwhile, Johnny Szyk and his best friend Lynn venture into Uptown.



**Love Island: All Stars**  
**Saturday, 10pm**  
**Sunday-Friday, 9pm**  
**31st January-6th February**  
**ITV2**

**This series gives famous former Islanders another shot at finding the one - relationships will be put to the test, heads will turn, and only one pair can triumph.**

As the cast of familiar faces continue their daily routine of dating, flirting, dumping and more, they all know to be ready to expect the unexpected in paradise - find out if any of them will find the one this time, and don't forget all the Unseen Bits on Saturday at 9pm.



**Olivia Attwood:**  
**Getting Filthy Rich**  
**Sunday, 10.05pm**  
**1st February**  
**ITV2**

**The extraordinary documentary series where reality star Olivia Attwood explores the new and uncharted worlds of sex continues with a look at foot fetishes.**

Also known as podophilia, foot fetishes involve people experiencing sexual arousal from feet or foot accessories - to find out what this means, Olivia meets a woman who makes money from dipping her feet into trifle and witnesses an extreme 'ball busting' session.



**Vera**  
**Tuesday, 8pm**  
**3rd February**  
**ITV3**

**Crime drama series following DCI Vera Stanhope, a detective who tackles every case with unparalleled gusto and professionalism alongside her trusted colleagues.**

When the body of missing fisherman Tommy Stonnall is found tangled in the nets of a North Sea trawler, DCI Vera Stanhope and the team must delve into the lives of his family and a close-knit fishing community if they are to find out what happened to him.



**Doc Martin**  
**Friday, 8pm**  
**6th February**  
**ITV3**

**Comedy-drama series starring Martin Clunes as doctor Martin Ellingham, who is forced to give up being a surgeon and retrain after developing a phobia to blood.**

There is concern in the village that a local DJ on the radio has a drinking problem, and Martin has the task of trying to discover the cause when he has a big issue with an elderly patient who smells so bad that nobody can bear to be in the same room as him.



**Darts: The Masters**  
**Saturday & Sunday, 1pm & 7pm**  
**31st January & 1st February**  
**ITV4**

Join Pete Greaves and the team for more darting delights as the 2026 Winmau World Masters reach their conclusion over a weekend packed with some exciting action.

Beginning with two Saturday sessions as the last 16 play at Arena MK to decide the quarter-finalists, Sunday will then see the last seven matches played out to determine who has what it takes to lift the trophy and claim the 100,000-pound first prize this year.



**ITV Racing: Friday Night Live**  
**Friday, 5.15pm**  
**6th February**  
**ITV4**

Megan Nicholls presents coverage of racing from Newcastle for the opening fixture of the Friday Night Live series, an event designed for a new generation of racegoers.

Following the postponement of the original debut event at Wolverhampton, here's a chance to see top-class all-weather racing while those at the track experience the thrill of a day at the races - commentary on all of the action is provided by Richard Hoiles.