

A promotional image for the South African version of the reality show 'I'm A Celebrity...'. Two men are standing on a rustic wooden balcony. The man on the left is wearing a dark brown jacket and is smiling broadly. The man on the right is wearing a light-colored patterned jacket and has his arms crossed, also smiling. The background features a lush green landscape with a prominent, layered rock formation under a clear sky. A large yellow triangle is overlaid on the left side of the image.

**itv**

**I'm A Celebrity...  
South Africa**

# I'M A CELEBRITY GET ME OUT OF HERE! SOUTH AFRICA

Following the success of its debut series in 2023, *I'm A Celebrity... South Africa* returns for a brand new series next month on ITV, ITVX, STV & STV Player

The all-star version of the iconic *I'm A Celebrity...* format will once again bring together some of the most memorable campmates from series gone by, as they return to test themselves in brand new trials and challenges in the South African wilderness.

The award-winning Ant & Dec return as hosts, with the new series featuring a fresh group of returning campmates, spectacular locations within the South African landscape and some of the most epic and extreme trials in *I'm A Celebrity...* history.

Campmates have already proved that they can survive the Australian jungle, but this is *I'm A Celebrity...* on a whole new level, it's where legends are made. The trials are tougher than ever and with that, so are the stakes. With relentless twists and turns, the campmates will never know what's coming next. They will be faced with challenges at every turn, quickly learning that with big decisions come even bigger consequences...

An exciting new element for this second series of *I'm A Celebrity...* South Africa is that the public will have the power to decide who is crowned the ultimate legend 2026. After weeks of watching the celebrities navigate camp life, viewers will cast the final vote in a **live** grand final broadcast directly from London.

*I'm A Celebrity...Unpacked* will return as a visual podcast hosted by Sam Thompson and Kemi Rodgers. It will be available on ITVX, Spotify and YouTube and an audio only version will be available wherever you get your podcasts. There will also be a live show of *I'm A Celebrity...Unpacked* on ITV2 and ITVX immediately after the live ITV1 finale show.

The celebrities returning for the new series are;

Actor & TV presenter - Adam Thomas  
Heart radio DJ - Ashley Roberts  
TV presenter - Scarlett Moffatt  
Former champion boxer - David Haye  
Corrie Icon - Beverley Callard  
Comedian - Seann Walsh  
Pop icon - Sinitta  
Olympic legend - Sir Mo Farah  
TV personality - Gemma Collins  
Actor & DJ - Craig Charles  
Ex footballer - Jimmy Bullard  
Football manager - Harry Redknapp





# SCARLETT

# MOFFATT

## TV Presenter

**Series:** 2016 Queen of the jungle (16<sup>th</sup> series)

**Camp highlight:** Meeting Ant & Dec for the first time. They are legends in my house and if you have two soft boiled eggs, you will always call them Ant & Dec!

**Scariest trial:** My final one. It involved going into a small cave with rats. I'm not great with small spaces, but at least I am quite happy to go into lifts now – so it did help me a little!

**Ideal campmate:** Everyone from my series and Gemma Collins. She is iconic.

**Did IAC change me?** I've got IAC to thank for everything that has happened in my career. I'm so grateful for the many opportunities it led to. To be part of IAC again is amazing.

**What I learnt about myself:** That it is alright to be you. I'd always felt a little bit of an outsider and it made me realise everyone has different strengths, and it's important to be yourself.

**My best memory:** Joel (Dommett), Adam (Thomas) and I all hugging each other when we were told we were in the final. I wish I could bottle that feeling up and give it out! It felt so euphoric. Winning was amazing, but just to be there at the end meant everything to me.

# SCARLETT MOFFATT

## TV Presenter

Former Queen of the jungle Scarlett Moffatt admits she is feeling apprehensive about going into camp again, despite winning the series in 2016.

But she says *I'm A Celebrity...Get Me Out Of Here!* was such a life-changing moment for her that there was no way she could turn the chance down.

Readily admitting she felt 'overwhelmed' when she got the call asking her to take part, Scarlett says: "I was a bit overwhelmed. Out of all the people they could pick, I felt grateful that I was even a thought because so many people have done it. I watch the show religiously and I was so happy to be asked.

"I am ten years older now and it is a big challenge for me. I do feel apprehensive as I watched the first Legends series and the trials and challenges were like all the Australian trials combined - so a level up. I hope I can do them. I am going to give it my all, but I have everything to thank this show for. Doing Gogglebox was lovely, but *I'm A Celebrity...* was the first programme I'd done on my own.

"I'm a mum now too and it's lovely to be able to show my little boy what I do as a job. I am going to miss him loads, but it will also be nice to have some time just for me especially as *I'm A Celebrity...* has been such a big part of my life."

As well as giving her self-belief, she says doing the scary trials made her fearless. "It's quite good facing your fears," she explains. "You feel invincible and a superhero!"

"It also taught me to be myself. I am so happy and grateful I got that experience when I was in my mid 20s."

She is particularly looking forward to meeting Ant & Dec again - especially as they then asked her to be part of the Saturday Night Takeaway presenting team.

"I am forever eternally grateful", she gushes. "When I first moved to London, they were so lovely and asked me what I missed most about being away from home. I said: 'Sunday dinners with the family'. They invited me round a few times to have dinner. They are lovely people. They say 'don't meet your heroes', but when your heroes are them it's ok! I can't wait to give them a big hug."

She thinks it would be amazing if Gemma Collins were to be one of her fellow campmates. Explains Scarlett: "She left early and I feel it is always good when people don't finish something to then give them another chance."

Visiting South Africa for the first time is, she then adds, one of the best things about being invited on the Legends series. "It has been on my bucket list and so I am ticking so many things off," says Scarlett.

To win would be incredible for Scarlett who readily admits she views *I'm A Celebrity...* as the best programme on TV. "It is iconic, when I think of British TV, this is the first show I think of. To be part of it is honestly amazing and I feel so lucky to be asked to do it again."



# SEANN WALSH

## Comedian

**Series:** 2022, finished in fifth place (22<sup>nd</sup> series)

**Camp highlight:** Singing 'Karma Chameleon' with Boy George in the jungle. The first concert I ever went to was at Wembley Arena to see Culture Club. To then sing this song with him was wonderful. We've stayed in touch ever since. He's an incredible human being.

**Scariest trial:** I'm going to go for my most surreal trial and that was the first task I was given as a late entry with Matt Hancock. We had to pretend to be 'secret mission moles' and it was just so surreal doing it with him. He'd been someone I had watched on TV during Covid and then suddenly there he was with me in the jungle!

**Ideal campmate:** Sue Cleaver, Boy George or Jill Scott from my series or Joe Pasquale. I met him once and he is hilarious.

**Did IAC change me?** Not me as a person, but it changed my life in a very positive way. I was able to go back on tour again and sell out rooms again. I am forever grateful.

**What I learnt about myself:** It's nice to know I do get on with people. The truth is outside of the jungle, I keep myself to a small group of friends and doing stand-up is extraordinary but lonely at times. I get nervous meeting new people and so it's nice to know I can do it.

**My best memory:** Getting to know a group of wonderful people who had all done extraordinary things.

# SEANN WALSH

## Comedian

Four years after he was famously paired with Matt Hancock as a late entry on the 2022 series of I'm A Celebrity...Get Me Out Of Here! and comedian Seann Walsh admits he still regards it as the most surreal experience of his life.

Roaring with laughter, the TV comic reveals he also continues to get stopped by members of the public who are eager to find out what he really thought of the politician. And now as he faces the South African jungle, Seann recalls how he could not stop laughing for thirty minutes when he entered camp in Australia and found out his fellow late entry was the former Health Minister.

"People still come up to me and bring up Hancock's entrance into the show", he says jovially. "I always tell them that however long it felt like I was laughing on the show, it was actually for longer - about half an hour! It's the most surreal experience I've ever had!"

Yet despite his surreal introduction to life in Australia, Seann says he loved every minute of his time on the programme - and it's the reason why he is back for a second helping despite his phobia of creepy crawlies.

"I had so much fun the first time around, I didn't have to think for very long about whether I should do it or not," he confesses. "When you cross that bridge after you are out in the original series, anything difficult about the experience completely disappears and you are left with these wonderful memories that you get to keep for the rest of your life. Then as soon as you agree to go back in, all the things that were difficult return! I've still got phobias. The programme only cures you of your phobias when you are in there. As soon as you are back home, they all return! I'm feeling both nervous and excited."

Readily admitting he will be forever grateful for the fact I'm A Celebrity... boosted his career so much after his jungle stint, Seann does, however, think it will be much tougher in South Africa - because he knows what to expect.

He explains: "I know what it feels like to have those ants biting me or to have thousands of bugs all over you and it's not nice! I think knowing is worse than not knowing."

He says the lack of food causing tiredness will also be a test again. "It's a real mountain to climb," he adds. "People came up to me afterwards and asked if we secretly have food prepared for us - but we really don't."

Since Australia, he is now a proud dad of two and he confesses it will be hard being away from his children. "In camp, time really slows down," he says. "You really feel it in there. Not only are you away from your children, but it's also how far away you are and that's tough. I am worried about that. It is going to be a new experience. I do cry as a daddy. If my daughter says: 'I love you daddy', I start crying. Being apart from them is going to be difficult whilst I am there."

And yet whilst the separation from his two children will be tough, Seann also thinks it would be a beyond incredible feeling to be able to tell them he had been 'crowned a legend' should he go on and win the second All Stars series. Reveals Seann: "I have had a very strange, unique career and it's been a rollercoaster. I came fifth last time and so to go back in and become a legend - well that would be absolutely amazing."



# BEVERLEY

# CALLARD

## Corrie Icon

**Series:** 2020, came in tenth place (20<sup>th</sup> series)

**Camp highlight:** The people. Our series was during Covid and the nation/world had had such a bad time, it was a real feel-good show. Everyone got on so well and we still meet up. We've got a WhatsApp group and we go out to dinner together.

**Scariest trial:** 'The Gates of Hell'. We had to move stars along the gate. It was horrific. I also hated the food trials especially when I had to eat fermented cheese fruit. Vernon (Kay) had to eat penis and he said mine was a lot worse!

**Ideal campmate:** Jordan North from my series.

**Did IAC change me?** Yes it gave me confidence. I do tend to suffer from low self-esteem and without sounding big headed, because people kept telling me they loved me and how down to earth I was - it gave me confidence and it was lovely to be with such a wonderful group of people.

**What I learnt about myself:** I've got true grit.

**My best memory:** I loved it all. The daily tasks, the clothes we wore, not having my phone and not wearing any make-up.

# BEVERLEY CALLARD

## Corrie Icon

Former soap queen Beverley Callard admits she can't wait to swap the 'minus one degree' Welsh castle bedroom for the warm South African jungle, as she prepares to face up to her eating trial phobia once again.

Beverley – who played Coronation Street's iconic Liz McDonald on and off for 31 years – was part of the first series that took place in a Welsh castle in 2020 during the Covid pandemic.

She says she now can't wait to swap the freezing temperatures there for sunnier climates, but confesses the thought of taking part in the trials again terrifies her. "I was really flattered when I got the call," she says. "In fact, I was gobsmacked! But I said 'yes' because Wales was so different. We didn't get to experience the Australian jungle and the bedroom was minus one. To be part of the South Africa jungle is going to be a very different experience."

One of the Corrie star's most memorable moments during her series in Wales was being asked to eat fermented cheese fruit as fellow contestant, Vernon Kay, watched on. She says she is dreading what will be served up in South Africa.

"The trials are really, really hard and you sit there thinking 'please don't let it be me,'" she admits. "I am most scared of the eating trials. If I get a penis or whatever, I don't know what I will do and I don't know if I will be able to do it."

Yet despite her genuine terror, Beverley says she is really looking forward to embracing the South African jungle and the Corrie legend can't wait to meet a new set of celebrities.

"For me, it was the people who made my first time on I'm A Celebrity...," she explains. "We all got on so well and I loved everything about the programme. I've got so many great memories. I loved being in the castle with no phone, because your phone is one of the most stressful things in your life."

To win the series, however, is not something she envisages happening. "I am not being phoney but I don't think I will win it," she adds.



# DAVID HAYE

## Former champion boxer

**Series:** 2012, came in third place (12<sup>th</sup> series)

**Camp highlight:** Sleeping outdoors in the elements and being at one with nature. I loved being in the Australian jungle and I really enjoyed the connection with mother nature.

**Scariest trial:** The trials were quite easy to be honest! They weren't that physical. You would have to 'go some' to get any stress from me!

**Ideal campmate:** Tony Bellew. I wouldn't mind doing a trial with Tony, as that would be fun. I love an ex-boxer and he would be cool.

**Did IAC change me?** A little bit, yes. It allowed me to detach from the usual noise (of life), which is important. Doing I'm A Celebrity... helps to put everything into perspective.

**What I learnt about myself:** That I can go into a situation like this. Last time, I was apprehensive about being locked into a specific location with a bunch of people I didn't know. Once I did it, I knew I could do it again and it's why I said 'yes' to the South African jungle.

**My best memory:** Getting on with everyone in camp. Everyone is different, everyone has the positives and negatives but you figure out who you gravitate towards. I'm quite easy to get on with and I never had issues with mixing.

# DAVID HAYE

## Former champion boxer

He was 'last man standing' in 2012 and now as former World Champion boxer, David Haye prepares to go into the South African jungle, he reckons nothing will scare him.

Admitting he found the Australian trials easy to tackle, he says his boxing background means nothing terrifies him despite being bitten by a bandicoot during one of the trials first time around.

He says: "When you used to get punched by giant men, a little bandicoot biting your hand isn't going to bother you too much! I do feel more prepared this time, because I know what to expect, and the trials in Australia weren't that physical for me. So, I'm not worried by the trials in South Africa. A lot of boxers are badly injured, so unless you are going to get savaged by a lion - and I am sure that won't happen! - how bad can it really be?! Chuck a bunch of cockroaches or spiders over me, I am pretty sure I will be fine."

Even the strict diet didn't pose any problems for the sportsman. "I was ok to be honest," he continues. "For my whole life up until the age of 28, I had to maintain a specific weight. I had to lose weight, bulk up, strip down and I am used to having a calorific deficit. So that side of things was ok."

He goes on to explain one of the reasons he jumped at the chance to take part again was the fact it is based in the South African National Park. Says David: "I've never been to South Africa before and when they asked me if I'd like to take part, I thought 'perfect, lets go'. It's also half the distance to get there (compared to Australia)."

And in true fighting spirit, he laughs as he then adds: "I had a good time in Australia and I was the last man standing. Ashley (Roberts) and Charlie (Brooks) pipped me to it! But I got bronze and I was on the podium!"

As David looks ahead to his new experience, he says he can't wait to live outdoors again. Reveals David: "After I did the Australian series, I went out to Costa Rica for three months and did something similar living in the jungle. I enjoy the serene nature. And so now I'm here, I'm most looking forward to not having my phone with me - being able to detach from the matrix. You are constantly connected to a multitude of businesses, relationships, family stuff and there is always something happening. When you go in there, it all stops. You can think about different elements in your life, relationships and plans moving forward. It stops the noise that I think people don't realise is constantly there every time they pick up the phone, look at an email or look at text messages. In the jungle, you don't know what is going on in the outside world and your new world is in there with these random people you don't know."

He goes on to add he won't mind if any drama breaks out in the camp second time around. "I was fortunate everyone was pleasant in Australia," explains the ex-boxer. "There weren't any real antagonists who tried to wind things up. Maybe this time around it might get saucier and get a bit interesting (when it comes to drama)!"

Given he does have a competitive spirit, would he like to be crowned the second I'm A Celebrity... legend? "I haven't thought about it to be honest," he replies. "But my family is really looking forward to seeing me do this programme again and seeing what happens. They enjoyed it the first time and my girlfriend is also looking forward to seeing me do my thing."

As for what he will say to Ant & Dec when he meets them again, he laughs as he jokes: "I will say: 'It's been a while!' They probably will look exactly the same. Ant & Dec don't age. I can still remember them as PJ & Duncan! I'm looking forward to taking part again."



# SINITTA

## Pop icon

**Series:** 2011, voted out second (11<sup>th</sup> series)

**Camp highlight:** Everyone in the camp. It was amazing talking to Stefanie Powers about her ranch in Kenya, listening to Willie Carson chat about his races back in the day and then speaking to the younger ones like Mark Wright. It was the best eclectic dinner party!

**Scariest trial:** A cable car style trial that saw me go up higher than a bungee jump, then be asked to reach into carts that you couldn't see in. I can remember dangling miles up in the sky. It was very full on.

**Ideal campmate:** Fatima Whitbread who was a warrior princess, Wayne Sleep to entertain us all and someone big and strong like John Fashanu. And some cuties to look at too!

**Did IAC change me?** No, only because I did trial after trial and then I got voted out. I didn't get to reconcile with living outside and being in camp.

**What I learnt about myself:** I can pull things out of the bag in extreme circumstances – that Herculean strength which comes from nowhere.

**My best memory:** The kindness shown in camp. It felt like we were all turned to a childlike state once we were stripped of everything. You felt so vulnerable together, but there was a lot of kindness. Not having our phones was a complete detox too. I can imagine people like Jeff Bezos paying for something like that! It's a special experience.

# SINITTA

## Pop icon

Former 80s pop star Sinitta hopes she will finally conquer her phobia of 'everything' despite facing up to her fears during the Australian jungle.

Sinitta explains: "It's really nice I'm A Celebrity... invited me back. During my first time, I got voted to do trial after trial and then I was out. It would be nice to have more time. I thought doing the show would cure me of all my phobias, but it didn't. It desensitised me for a while as I can remember watching a spider crawling across the ground on my last day. Instead of running to the other side of the camp, I just sat and watched it because I had experienced so much. But as soon as you get back to the London environment and there is a big spider in the bath, you are cowering again because it's so unnatural. I'm hoping the South African jungle will cure me of my phobias, because it is quite debilitating being afraid of everything. I've been like that since I was six and so it would be incredible to not only not be afraid anymore, but to start to appreciate and like them - that would be a miracle."

Going on to talk about being crowned the winner, she adds: "Wow, it would mean everything. It would mean I'd actually achieved one of my wildest dreams. I haven't come to do all of this to poodle about, I really want to give it everything. But my children think it is so funny I am going to be doing the jungle again! My son has had to catch spiders and put them outside since he was two! I hope I can show them I am braver than they realise."

Sinitta adds, "Being in South Africa will be amazing and I am hoping I might see giraffes and elephants walking by, because the nature is so incredible. I am, however, not worried about the food. I'm a vegetarian, so I'm fine with rice and soya beans."

Seeing Ant & Dec again will, she adds, be lovely, as will the opportunity to meet a whole new cast of celebrities. "It's like a crazy retreat," she explains. "Some people pay to do something like this and I am looking forward to spending time with everyone. I'm also hoping that it will be a bit like an epiphany where I do find the courage and walk away with the feeling that I can do anything else I want to."

As for whether she will embrace the famous jungle shower, Sinitta confirms it's a definite 'yes'. So much so, she admits she has even practiced how to shower in the jungle. "Yes I have packed underwear and swimwear," she adds. "And I have practised my shower routine. You have to camp it up in the shower!"



# SIR MO

# FARAH

## Olympic legend

**Series:** Fifth place in 2020 (20<sup>th</sup> series set in Wales)

**Camp highlight:** When Ant & Dec showed me a video of my time in the Welsh castle at the end. It was a case of, 'just wow, this has been epic'.

**Scariest Trial:** Definitely a trial involving snakes. You had to put your hand in a dark hole and you didn't know what was going to be there.

**Ideal campmate:** I'm an Arsenal fan, so Ian Wright. He's such a legend. I like football.

**Did IAC change me?** No but now I've retired, I can be a lot more open in the South African jungle.

**What I learnt about myself:** That when you say 'I'm scared', you really mean it. I was so scared of those snakes!

**My best memory:** Learning how to walk and talk like Phil Mitchell from EastEnders in the castle camp! I also remember it being very cold.

# SIR MO FARAH

## Olympic legend

One of Britain's greatest athletes, Sir Mo Farah is hoping to conquer his fear of snakes and go all the way in the South African jungle to follow in the footsteps of Myleene Klass.

Sir Mo – who came fifth when he took part in the Welsh castle series in 2020 – admits it would feel absolutely 'epic' if he were to win and be crowned the second I'm A Celebrity Legend.

But the competitive former runner knows he will be tested and confesses the thought of another trial involving snakes will terrify him. In 2020, it was Sir Mo's wife, Tania, who let slip that he was scared of snakes and he was forced to face the slippery creatures in the castle trials.

"Even speaking about snakes makes me feel terrified," he says. "There were so many things I was scared of when I did those trials, but it was the snakes that I found the scariest. I am worried about the snakes in the South African jungle.

"At the same time, I would love to win the series. I came fifth last time and that was hard. So if I won the series this time, it would be epic. To have the 'Legend' title for I'm A Celebrity... would be on another level!"

He says he is particularly looking forward to living in the jungle in South Africa – especially as the Covid pandemic meant he was in a Welsh castle rather than the Australian jungle the first time around.

"It was so much fun doing I'm A Celebrity... in Wales but mentally, you always knew you were in the UK," explains Sir Mo. "It was also very cold. Being in South Africa is going to be different. It's sunny, warm, and as soon as I got the call inviting me, I knew I wanted to be part of the series. I have always wished I could be in a jungle abroad and now I am! I did watch the first Legends series and it looked fun.

"I've been to South Africa before many times to do training, but I've never been in a rural place like this jungle. It's going to be exciting."

Widely considered to be one of the greatest athletes because of his 'double double' wins at both the London and Rio Olympics, Sir Mo says he feels fully prepared for what lies ahead. "I've overcome a lot of things throughout my life and I will be going in fully prepared," he says. "It's different this time, because they know what I am scared of. I can't hide anything whereas the first time around, you tried to put on a poker face about what scared you! It's going to be great sitting around the open fires."

Sir Mo retired from long-distance running in September 2023. He thinks the fact he is now retired will mean he can be more open in camp with his fellow celebrities. "The last time I was in there was hard, because I was still competing and you worry about what you can and can't say," he adds.

"You have to be very respectful of the other athletes. This time around, I am retired. I've got nothing to prove and I can be more open. I can talk about things in more detail like the training I used to do for my running."

"It's going to be great to make some new friends. One of my best memories from my time in camp was trying to do a Phil Mitchell impression! I'm still in touch with all the celebrities from my first experience five years ago. We still have a group chat."

He goes on to joke that the programme's presenters, Ant & Dec should be prepared for plenty of banter with the Olympian. Predicts Sir Mo: "The first thing I am going to say to them is, 'Wey aye man!' I think we will have some good banter and I'm going to give them some stick!"

He also says his wife and children are excited he is taking part alongside some of I'm A Celebrity's iconic stars. They also hope he will win the series. "My kids want me to do this series," reveals Sir Mo. "They are proud of me and would love it if their dad were to win. I am going to try my best." He bursts out laughing and then adds: "But they definitely don't want me to embarrass them!"



# ASHLEY ROBERTS

## Heart radio DJ

**Series:** 2012 runner-up (12<sup>th</sup> series)

**Camp highlight:** Bonding with people I'd never met before and going through an insane experience is something you can't even put into words! It was such a special, wild, crazy adventure.

**Scariest trial:** The last ever eating trial was atrocious. It went against every instinct in my body what I was putting in my mouth!

**Ideal campmate:** I've been so consumed with my fears about how I am going to fare in the South African jungle that I haven't had a chance to think about my other campmates. But I hope they are all a good group of people who give off great vibes.

**Did IAC change me?** Oh my gosh, 1000 per cent yes. I didn't know how much this show was going to impact my life (for the better). As an individual, you are also up against things you normally shy away from – you don't normally go to sleep on a bed of rats!

**What I learnt about myself:** I was stronger than I thought. Doing I'm A Celebrity... gives you a great perspective on life.

**My best memory:** I loved doing the Cyclone trial and to do the show felt so liberating. I'd just come out of the Pussycat Dolls and even though I was nervous to strip everything off – no make-up, lashes, extensions - it was also such an amazing experience. Whenever I bump into anyone from my series, I am so excited to see them.

# ASHLEY ROBERTS

## Heart radio DJ

As the 2012 runner-up, Pussycat Dolls singer Ashley Roberts readily admits going on I'm A Celebrity... was such a life changing experience that she knew she couldn't turn down the chance to star in the legends' series. And despite feeling very apprehensive about what lies ahead in South Africa, the Heart Radio presenter says facing your fears can be very empowering.

"This show changed my life," she says. "I've lived in the UK ever since I left the jungle 14 years ago and that in itself is amazing. When I got the call, I knew it was going to be nuts again, but what a beautiful gift the programme gave me and so I said 'yes'. I'm intrigued, interested but also scared to see what I am up against now. But I know doing this show really does make you feel alive and it's so empowering."

She pauses and then adds: "But I am not going to lie - I have had some sleepless nights before arriving in South Africa. My boyfriend, bless him, has been such a great cheerleader and supporter in the run-up because I have been so nervous. He keeps telling me I am going to smash it, which is lovely. I just want to try my best."

Going on to explain why the ITV hit programme was such a big confidence builder the first time around, Ashley says: "You had to prove yourself doing those challenges and by the end, I felt like I was 'Jane of the jungle'! Whatever life was going to throw at me next, I knew I'd be able to handle it."

"And since doing the programme, I've gone on to have so many different life experiences. Some tough ones, some amazing ones and I will be walking into the jungle now as an older version of myself. It will be interesting to see what it's like this time."

She says living in the camp also makes you very appreciative of loved ones. "It is tough being in the camp," she explains. "Those first few days, you really miss home and it really reminds you how life is so precious and how the connections with loved ones are so meaningful. But the people in the camp really do make it and I hope there will be another group of great people I can make friends for life with."

Laughing, she says she isn't very excited about living on the strict camp diet again. "I'm looking forward to another digital detox but as far as the food goes, that was so challenging," adds the star. "You get so excited when the bag comes down in the evening and then you see what is in it and you go, 'oh right'!"

After finishing second on the 2012 series, Ashley went on to work alongside Ant & Dec on Saturday Night Takeaway. "I am so excited to see them again," she exclaims. "I love them and they are in such a big place in my heart. I was really lucky to work with them on Saturday Night Takeaway."

During her first time in the Australian jungle, Ashley regularly showed off her amazing figure wearing bikinis in the famous shower. Will she be using the jungle shower again? "I have got to rinse to stay cool in the jungle," she replies, laughing as she does. "I have got my bathing suits and swimsuits ready!"

As for being crowned the next Legend, Ashley admits it would be 'phenomenal' to win. "I am so lucky to have come as far as I did the first time," she adds. "Moving to the UK, the friends I've made and the amazing experiences - that's what success means to me. If I get a title like that, it would be phenomenal and so epic. But I just want to do my best for myself and my campmates. You never know how you are going to act until you are in those situations. Now it's approaching, I'm nervous but I know, like the first time, I will come out stronger for it."



# ADAM THOMAS

## Actor and TV presenter

**Series:** Third place in 2016 (16<sup>th</sup> series)

**Camp highlight:** Meeting all the other celebrities. I'd like to think I am a people person and I love meeting new people. I'm genuinely looking forward to meeting some more new people. The jungle gives you the time to switch off.

**Scariest trial:** I was locked up in a lodge and there were spiders coming through the door and I had cockroaches crawling over me. It wasn't pleasant!

**Ideal campmate:** Anyone from my 2016 series, as I'd love to see some old faces again. It would be so nice to catch up with them.

**Did IAC change me?** Yes. It was the first time I'd done anything as myself and people got to know me as me, rather than an acting role.

**What I learnt about myself:** I learnt I'm a lot more scared of things than I thought I was! In fact, any trials involving spiders, I wasn't just scared – I was petrified!

**My best memory:** The trials. As much as I hated doing them, when you win stars and go back to tell the camp, there is no better feeling than seeing how happy everyone is. Putting a smile on the campmates' faces is one of my special memories.

# ADAM THOMAS

## Actor and TV presenter

He may have been nicknamed 'Mr Bushtucker Trial' after completing a staggering 12 trials on I'm A Celebrity..., but actor Adam Thomas admits he is even more fearful about what he will be facing in the South African jungle.

The Waterloo Road star and former host of I'm A Celebrity's Extra Camp says now he is older, his phobia of spiders has worsened. But Adam – who came third during the 2016 series – is determined to embrace the chance to be part of the legends' second series.

"Life is for living and I'm really looking forward to experiencing the show all over again," says Adam. "I am really excited and I can't wait to get to the camp to meet all the other celebrities."

Explaining why he is so fearful, he continues: "I didn't know what to expect the first time, but this time I do and it scares me more. I was a little kid back then, but I'm older now and I think you get more fearful. I just hope there aren't too many spiders! I'm scared to death of them, as well as cockroaches. That said, doing the trials made the time in camp easier for me, as I was kept so busy. I know I've been called 'Mr Bushtucker Trial' and I am determined to try my best again for everyone. Putting a smile on the campmates' faces when you come back from a trial with stars is special."

Adam's son, Teddy, was only two when he first did the Australian jungle and the actor says one of the reasons why he jumped at the chance to be part of the South African experience was to make him and his daughter, Elsie, proud. "I mentioned I'm A Celebrity... to the kids and they were so happy, they really wanted me to do it," says Adam. "Teddy (now 11) was really young and doesn't remember me being on the show. Elsie wasn't even born! So, to do this show and let them watch it and go to school - that's one of the reasons why we do these things, so we can put a smile on our kids' faces.

"I also feel so grateful to I'm A Celebrity... I thought people were voting for me to do the trials because they didn't like me. But the love and feedback I got was amazing. I'm A Celebrity... in Australia opened loads of doors for me and I don't think I would be here today without this show. People got to know me and I have never looked back. I am so thankful."

He says he isn't competitive and isn't looking to be crowned the winner. "It would be nice," admits Adam. "But I know what my track record is like and I'm not going in thinking I could win it or have a chance to win it. I am not very competitive. If I can go all the way, then happy days but as long as I try my best that is all that matters."

Given this is his second jungle experience, does he feel prepared? "I think so," he replies, sounding unsure. "But with the jungle, you expect the unexpected! It's going to be completely different and I will take it for what it is."

He says he is excited to see Ant & Dec again. He explains: "It will be nice to see them. They make you feel like you've known them all your life, even though you haven't! Hopefully they won't be too harsh on me with the trials. Timing wise, it's fitted in perfectly as I will be eating animal balls in South Africa and then going back to school for Waterloo Road!"

As for being apart from his loved ones, Adam jokes: "The last time I did this, I said I would never leave my wife again and here I am doing it again! There again, my wife always says she has three kids at home and so I think she is going to enjoy the break! I am looking forward to this now it's approaching."

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