



Weekly Highlights

Week 12/13 - Saturday 21st - Friday 27th March 2026

Celebrity Sabotage Saturday, 8pm





EFL Live: Ipswich Town v Millwall
Saturday, 12noon
21st March
ITV1

Coverage of this key clash in the Championship as Ipswich Town take on Millwall live from Portman Road, with all eyes on promotion to the Premier League.

The race for promotion to the Premier League is hotting up and Ipswich Town and Millwall are both in the running. Ipswich are looking for an immediate return to the top flight, while Millwall have never been in the Premier League. Hugh Woosencroft presents.



Celebrity Catchphrase
Saturday, 5.45pm
21st March
ITV1

Stephen Mulhern hosts a contemporary remake of the iconic gameshow in which contestants identify a familiar catchphrase represented by a piece of animation..

TV personality Joe Swash, Gavin and Stacey favourite Joanna Page and TV star Angellica Bell join Stephen Mulhern as they try to 'say what they see' and guess well-known phrases for their chance to win £50,000 for their chosen charity.



Britain's Got Talent
Saturday, 6.45pm
21st March
ITV1

A programme following the search for Britain's next best talent act - the show features singers, dancers, comedians, variety, and unusual talents of all kinds.

The auditions make their way to Birmingham, where special guest judge Stacey Solomon joins the panel alongside KSI, Alesha and Amanda as performers try to impress the crowd and the judges in the city's legendary Hippodrome theatre - and Simon returns...



Celebrity Sabotage
Saturday, 8pm
21st March
ITV1

New series which sees famous faces sabotage unsuspecting contestants in a mission to complete daring and funny stunts to hopefully win them a cash prize.

Brand-new game show jam-packed with your favourite celebrities! Joel Dommett, Judi Love, Sam Thompson and GK Barry are set secret missions to sabotage unsuspecting contestants of totally fake TV shows - this time joined by Sara Davies and Jo Brand.



The Jonathan Ross Show
Saturday, 10pm
21st March
ITV1

Jonathan Ross hosts a mix of chat, infectious wit and fun as he welcomes terrific celebrity guests and asks questions that everyone wants to know the answers to.

Jonathan's guests this time include Ruth Jones, Rachel Zegler, Ben Platt, Sarah Michelle Gellar, Kathryn Newton and Alison Hammond. Plus, there's music from one of the country's most exciting new bands, The Molotovs, who perform in the studio.



Carabao Cup Final Live:
Arsenal v Manchester City
Sunday, 3.30pm
22nd March
ITV1

Coverage of the Carabao Cup Final as Arsenal and Manchester City meet at Wembley Stadium to decide who wins the first major silverware of the season.

Mikel Arteta's Arsenal side have been battling it out in the Premier League against his former colleague Pep Guardiola's Manchester City all season long, which makes this an even more fascinating match-up as the first major silverware of the year is decided.

**Gone****Sunday & Monday, 9pm****22nd & 23rd March****ITV1**

Chilling mystery drama about a headmaster who becomes the prime suspect in his wife's disappearance and plays a game of cat and mouse with the lead detective.

Michael becomes increasingly isolated as the investigation broadens and Annie doggedly pursues a new line of inquiry leading to the emergence of a new suspect. Then, in the final part of the drama, the investigation hurtles towards its conclusion.

**WhatsApp Obsession:****The Murder of Stephanie Hansen****Tuesday, 9pm****24th March****ITV1**

Documentary about how detectives uncover a shocking story when Stephanie Hansen is found brutally murdered in her London home in December 2022.

In December, 2022, Stephanie Hansen was stabbed to death in her home - her house-mate Sheldon Rodrigues appeared grief-stricken, yet behind his facade lay a obsession involving secret cameras, recording devices and coercive WhatsApp messages...



Celebrity Lingo
Wednesday, 7.30pm
25th March
ITV1

This starry version of the hit game show sees famous faces pair up and go head-to-head in the fast-paced wordplay game in a bid to win big money for their charities.

Adil Ray hosts the game of words as EastEnders royalty Natalie Cassidy and TV host Angellica Bell power up against athletes Jonnie Peacock and Greg Rutherford to win big money for charity - which of the pairs will be able to spell their way to success this time?



The Stolen Girl
Wednesday, 9pm
25th March
ITV1

A thrilling drama series, based on Alex Dahl's hit novel, about a seemingly ordinary decision that turns a mum's life upside down when one of her children is abducted.

The final episode, the story flashes back five years to Elisa's experience on the day of the car accident - in the present day, a traumatised Nina returns to central Toulon to retrieve Lucia's passport... but things begin to spiral as problems arise from all angles.



**The Martin Lewis Money Show
Live: Tax Year End Special**
Thursday, 9pm
26th March
ITV1

The money maestro is back, bringing us the best in financial tips and hints to help us navigate our finances, and helping the pennies and pounds go further.

With the end of the Tax Year coming up, Martin is back to help with your finances, getting you prepared for the looming deadlines, and talking you through the April Price Hikes. And as usual, his News You Can Use is bursting with not-to-be-missed deals.



**International Football:
England v Uruguay**
Friday, 7pm
27th March
ITV1

Mark Pougatch presents coverage of England's friendly international with Uruguay at Wembley Stadium, as Thomas Tuchel's side countdown to the World Cup.

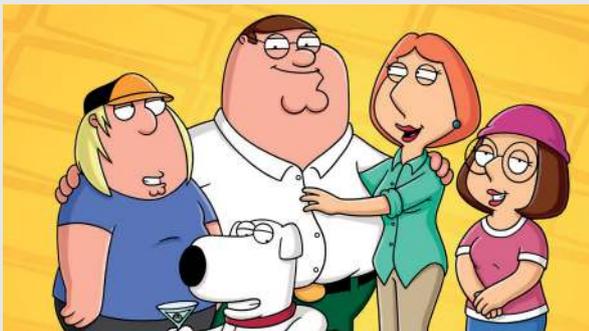
It's the first match since the German head coach extended his contract with the Three Lions, and all eyes will be on his squad selection as preparations for the summer's tournament intensify. Commentary is provided by Sam Matterface and Lee Dixon.



Hell's Kitchen
Wednesday & Thursday, 9pm
25th & 26th March
ITV2

Gordon Ramsay's culinary boot camp continues in the USA as the terrifying world renowned head chef slices and dices a fresh group of wannabe cordon bleu cooks.

Chef Ramsay challenges the remaining contestants to a speed breakfast showdown for local Connecticut police officers. Then, it's sink or swim as the wannabe chefs head to Stonington, Connecticut for a race that tests their teamwork and seafood skills.



Family Guy
Wednesday & Thursday, 10pm
25th & 26th March
ITV2

The long-running American animated sitcom about a dysfunctional family in a wacky Rhode Island town who go from one crazy scenario to another continues.

Peter swaps lives with US Supreme Court Justice Brett Kavanaugh when they meet on a brewery tour and become best friends over a beer. Then Peter tries to straighten his life out when Lois becomes a comedian using stories about him as her lead material.



Grace
Wednesday, 8pm
25th March
ITV3

An intense crime drama series about Brighton-based Detective Superintendent Roy Grace, a hard-working police officer who gives his life to his job and cracking cases.

The murder of a woman discovered in her flat initially presents as a break-in gone wrong but soon appears to be something more and leads Grace to question whether this attack was targeted as it soon becomes apparent that she had some enemies.



Vera
Tuesday, 8pm
24th March
ITV3

Crime drama series following DCI Vera Stanhope, a detective who tackles every case with unparalleled gusto and professionalism alongside her trusted colleagues.

In an episode from the archives of series 10 of the drama, DCI Vera Stanhope must attempt to unravel a tangled web of deceit between two wildly different families when the body of a teenage boy is discovered floating near a Northumberland salmon farm.



ITV Racing: Friday Night Live
Friday, 5.15pm
27th March
ITV4

Leonna Mayor presents coverage of the fourth meeting of the 2026 Friday Night Live series - which features plenty of competitive races - from Newcastle.

We're back for the fourth and final meeting of this year's Friday Night Live series, and the action moves to Newcastle. Leonna Mayor presents, with analysis and comment from Adele Mulrennan and Luke Harvey, and commentary from Richard Hoiles.



Moonraker
Wednesday, 9pm
25th March
ITV4

Lewis Gilbert is the director at the helm of the 11th Bond film, featuring a cast including Roger Moore, Lois Chiles, Michael Lonsdale and Richard Kiel.

MI6 secret agent 007 is joined by CIA agent Dr Holly Goodhead as he is assigned to investigate the hijacking of the Moonraker space shuttle, putting him on the trail of Drax Industries, the creators of the shuttle, and its billionaire industrialist owner Hugo Drax.